

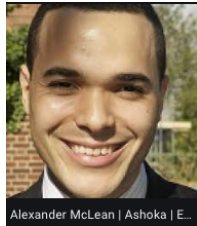
Inquiring Minds: Continuing the Search for Hope and Inspiration

#61 Jan 2021 "What we find changes who we become." — Peter Morville More quotes on [the continual quest for answers](#)

[Intro](#). Past Issues, 2011 to 2020: [1](#) [2](#) [3](#) [4](#) [5](#) [6](#) [7](#) [8](#) [9](#) [10](#) [11](#) [12](#) [13](#) [14](#) [15](#) [16](#) [17](#) [18](#) [19](#) [20](#) [21](#) [22](#) [23](#) [24](#) [25](#) [26](#) [27](#) [28](#) [29](#) [30](#) [31](#) [32](#) [33](#) [34](#) [35](#) [36](#) [37](#) [38](#) [39](#) [40](#) [41](#) [42](#) [43](#) [44](#) [45](#) [46](#) [47](#) [48](#) [49](#) [50](#) [51](#) [52](#) [53](#) [54](#) [55](#) [56](#) [57](#) [58](#) [59](#) [60](#)

Bits and Pieces of Personal Inspiration Since the September Issue of I.M.

1. *60 Minutes* shows how one person started a movement in Kenya by teaching prisoners to learn about the law, their rights, even becoming paralegals or lawyers. Some found their way for early release, but most of all, self respect and an education in the process. (see [13 min. video](#))
2. In India the path to rehabilitation had prisoners looking within, spending 10 days in silent meditation, facing themselves through the silence and calm with huge results and transformation. ([3 min. video](#) and [award-winning documentary Doing Time, Doing Vipassana](#) on the Internet).
3. The true story of and by J.D. Vance is based on his autobiography, *Hillbilly Elegy*. It's also a movie on Netflix. It's an insightful [book](#) and [movie](#).
4. The upcoming Tom Hanks movie, *The News of the World*, is based on [the novel by Paulette Jiles](#). The book was excellent, and can be reserved in our library system in San Mateo County.
5. We rediscovered the simplicity and talent of [Dolly Parton](#) (70) on her Christmas Special on Netflix.
6. A parrot is moved by an Elvis tune to impress his mate who isn't interested. ([3 min video here](#).)
7. My sister Lucina recommended [A Symphony In the Brain](#) which reviews [neurofeedback](#) and therapeutic techniques to help stroke victims, like her husband Steve and Patricia's brother Mike, to recover by relaxing the mind to help heal the brain.
8. [How Jesus Became God](#) by scholar Bart Ehrman available on Great Courses and also for free, streaming through the San Mateo library system.
9. [Baby Elephant videos](#) are the rage, but I wondered how the beast came to represent the GOP...and the donkey, the Democrats. [Here's the answer](#).
10. Alex Epstein makes [a credible argument against solar and wind energy](#), sponsored by [PragerU](#), a conservative group I usually don't agree with. I asked a small number of scientist friends to



evaluate it. Dr. Chris Barile (my nephew) who teaches at UNR and just had [his lab re-funded](#) for half a million dollars, disagrees, with an answer you can see [here](#). Still, the most comprehensive presentation I found for the layperson was from Michael Shellenberger in a [20 minute TED talk](#) which seems to be an inconvenient truth in itself: no simple solution.

11. *Undaunted: Surviving Jonestown, summoning Courage, and Fighting back*, the autobiography of Jackie Speier ([wiki](#)), documents a life of struggle and service as our local Representative to Congress.
12. My greatest joy this year was finding a handwritten letter that my late cousin, Joe Celotti, wrote to his Mom, my Aunt Beth, circa 1960. It was in response to her request for his recommendation of great works of Literature. He was a history professor at NDNU in Belmont and her formal education did not go beyond high school. She was, however, an avid reader and encouraged both of us to read at a very early age. Joe wrote this beautiful handwritten letter, in pen, on binder paper, calling it, "Great Books for a Great Mom." I immediately mailed it to his widow, Lynn, who remarried some years after his death in 1986. Lynn was delighted and somewhat overwhelmed for this unknown letter to appear, and typed it up and sent it to a printer to make copies for family and a few friends, including Patricia's brother and author [John Lescroart](#), and two friends who love literature. **UPDATE Mar. 2021:** Lynn just released the pdf version of this booklet free to anyone who might be interested. That in turn may be saved to your computer device and/or this link forwarded on: <http://jobarlives.com/Great.Books.for.a.Great.Mom.pdf>
13. Our favorite TV series is [The Crown. on Netflix](#).
14. [Cell phones are destroying our relationships](#) by Inter light Media, Simon Sinek TED 3 min. *Pax, JB*

